

Integrated Benefits

# On-Demand Counseling

## Support for Everyday Challenges

Compassionate counseling for individuals with personal, family, and work-related concerns, so they are supported when navigating life's challenges.



**RECURO**  
HEALTH

✓ Virtual Consultations

✓ Financial Planning Advice

✓ Legal Assistance

✓ Family Support Assistance

✓ Face-to-Face Referrals

## Product Highlights



### Flexible Support for Most Needs

Access to guidance and resource referrals, whether an individual is a new parent, a caregiver, selling their home or needs legal advice.



### Mental Wellness Counseling

Providing confidential, professional counseling sessions for a wide variety of concerns.



### Financial & Legal Guidance

Legal and financial experts are available, in addition to in-app calculators for budgeting, loans, mortgages, and more.





Digital  
Medical  
Home

NEXTGEN CARE

BENEFITS

## Sample Counseling Topics



Anxiety



Grief & Loss



Stress



Marital Issues



Depression

## Product Details

### Virtual Consultations

Supporting individuals on topics such as anxiety, grief, depression, marital issues, and stress.

### Legal Assistance

Free over the phone or face-to-face legal consultations.

### Face-to-Face Referrals

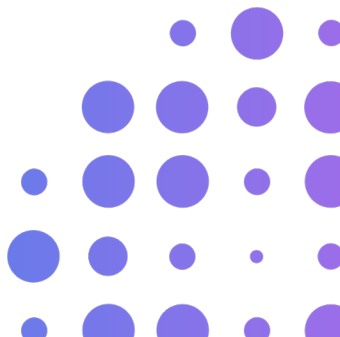
Set number of in-person visits with a licensed behavioral health clinician.

### Family Support Assistance

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

### Financial Planning Advice

Expert financial planning and consultation services.



81%

## Did you know?

On-Demand counseling has helped improve outcomes for 81% of users with depression.

